

TEAM MANUAL



**National Primary Schools
Athletics Championship
2015**

NATIONAL STADIUM

Waterford, St. Michael, Barbados

Obadele Thompson Zone	Monday, February 23, 2015
Patsy Callender Zone	Tuesday, February 24, 2015
Andrea Blackett Zone	Wednesday, February 25, 2015
Anton Norris Zone	Thursday, February 26, 2015
James Wedderburn Zone	Monday, Monday 02, 2015
Quarter Finals	Wednesday, March 11, 2015
Semi-Finals	Tuesday, March 17, 2015
Finals	Wednesday, March 25, 2015
Champion of Champions	Saturday, March 28, 2015

ORGANIZING COMMITTEE

Chairperson	Mr. Wayne Robinson
Assistant Chairperson	Mr. Richmark Cave
Secretary	Mrs. Cordie Newton
Treasurer	Mrs. Sheron Cadogan
Championship Director	Miss Janelle Denny
Assistant Championship Director	Miss Marcia Trotman
Technical Officer	Mr. Ryan Toppin
Trustee, B.U.T.	Mr. Herbert Gittens
Trustee, N.S.C.	Miss Mona Alleyne
Immediate Past Chairman	Mr. Vaman Harbin

1. GENERAL INFORMATION

The National Primary Schools Athletics Championship (NAPSAC) is a joint initiative between the National Sports Council and the Barbados Union of Teachers, aimed at providing all students attending public and private primary schools in Barbados, an opportunity to participate in a professionally administered track and field competition.

2. RULES AND REGULATIONS

The National Primary Schools Athletics Championship (NAPSAC) will be held in accordance with the current rules and regulations of the International Association of Athletics Federations (IAAF).

Some modifications have been made to some rules with consideration to the competing age groups.

Technical matters will be resolved by the Jury of Appeal according to the IAAF rules and regulations. All other matters will be resolved by the Organizing Committee.

3. NUMBER OF COMPETITORS

Each school may enter up to **TWO** athletes in each Individual event **EXCEPT** the Girls 600m and Boys 800m in which a school may enter **THREE** athletes. In relay events, each school may enter a team of six (6) athletes, of which any four (4) can run in the first round and the same or any combination of four (4) athletes from the originally entered six (6) may be used in the team's composition in subsequent rounds.

4. COMPETITION VENUE AND DATES

The National Primary Schools Athletics Championship (NAPSAC) will be held at the National Stadium, Waterford, St. Michael, Barbados.

The Obadele Thompson Zone will be contested on Monday, February 23, 2015

The Patsy Callender Zone will be contested on Tuesday, February 24, 2015

The Andrea Blackett Zone will be contested on Wednesday, February 25, 2015

The Anton Norris Zone will be contested on Thursday, February 26, 2015

The James Wedderburn Zone will be contested on Monday, March 02, 2015

The Quarter-Final will be contested on Wednesday, March 11, 2015

The Semi-Final will be contested on Tuesday, March 17, 2015

The Final will be contested on Wednesday, March 25, 2015

The Champion of Champions will be contested on Saturday, March 28, 2015

5. OPENING CEREMONIES

A brief Opening Ceremony will take place before the start of all **Zonal Meets**. The Opening Ceremony will begin at **9:45 a.m.** and a maximum of twelve (12) athletes per school will be expected to participate in the Opening Parade of Teams. Teams will assemble on the Eastern Side of the Stadium, and will parade in alphabetical order around the track for the **March Pass**.

There will be no Opening Ceremony for the **Quarter-Finals** or **Semi Finals**, but an Opening Ceremony will take place at **10:00 a.m.** for the **Final**. Teams will assemble on the Eastern Side of the Stadium, and will parade in alphabetical order around the track for the **March Pass**.

6. SCHOOL FLAGS AND BANNERS

Each school should submit their school's flag by **Monday, February 16, 2015**, as these will be hoisted at the Opening Ceremonies and flown during the Championship. Schools are highly encouraged to produce banners. These banners can be used to lead out school teams during the Opening Parade of teams, and can also be used to assist with school spirit.

7. WARM UP FACILITIES

The warm up track located to the south eastern side of the stadium, will be the official warm-up area for all teams. Schools are encouraged to bring their own tents and shelters which can be pitched in the warm up area or in the area on the eastern side of the stadium. The **Call Room** will be located in the area on the eastern side of the stadium. Athletes will be marshaled on to the competition arena prior to their events, with enough time for warm up runs, throws and jumps.

8. INDIVIDUAL ENTRIES

All athletes are limited to a Maximum of Three (3) individual events and Two (2) Relays. Any athlete who is entered in more than the stipulated number of events will be randomly removed from those events. **All Coaches & Physical Education Teachers are asked to ensure that athletes are entered in events which present little or no conflict with the competition schedule, and please consider highly the welfare of the athlete as far as competing in multiple events are concerned.**

9. ENTRY FEES

All participating schools must pay an entry fee of **Bds \$100.00**, which should accompany the Confirmation of Participation form.

10. ZONE ALLOCATION

OBADELE THOMPSON ZONE			
1	Boscobel Primary	10	St. Philip's Primary
2	Chalky Mount Primary	11	St Mark's Primary
3	Half Moon Fort Primary	12	Eagles Academy
4	St. Ambrose Primary	13	Trinity Academy
5	St. Bernard Primary	14	Wills Preparatory
6	St. Catherine's Primary	15	Workman's Primary
7	St. Elizabeth Primary	16	Erdiston Special School
8	St. Margaret's Primary	17	Warrens Primary
9	St. James Primary	18	The Rock Christian School
PATSY CALLENDER ZONE			
1	Bayleys Primary	9	St. Angela's
2	Christ Church Girls'	10	St. Christopher Primary
3	Charles F. Broome Primary	11	St. Paul's Primary
4	Eden Lodge Primary	12	St. Stephen's Primary
5	George Lamming Primary	13	Wesley Hall Primary
6	Lawrence T. Gay Primary	14	West Terrace Primary
7	Luther Thorne Primary	15	Westbury Primary
8	Milton Lynch Primary	16	Wilkie Cumberbatch Primary
ANDREA BLACKETT ZONE			
1	Ellerton Primary	9	St. Cyprian's Boys'
2	Good Shepherd Primary	10	St. John Primary
3	Hill Top Preparatory	11	St. Joseph Primary
4	Holy Innocents Primary	12	St. Lawrence Primary
5	Providence Elementary	13	St. Luke Brighton Primary
6	Selah Primary	14	Ignatius Byer Primary
7	Society Primary	15	St. Silas Primary
8	St. Alban's Primary	16	Welches Primary

ZONE ALLOCATIONS/ Continued

ANTON NORRIS ZONE			
1	All Saints Primary	9	Mt. Tabor Primary
2	Belmont Primary	10	St. Bartholomew Primary
3	Cuthbert Moore Primary	11	St. Judes Primary
4	A 'DaCosta Edwards Primary	12	St. Lucy Primary
5	Eagle Hall Primary	13	Blackman and Gollop Primary
6	Gordon Greenidge Primary	14	St. Martins Mangrove Primary
7	Gordon Walters Primary	15	St. Matthew's Primary
8	Hillaby Tuners Hall Primary	16	Peoples Cathedral
JAMES WEDDERBURN ZONE			
1	Arthur Smith Primary	9	Roland Edwards Primary
2	Bay Primary	10	Sharon Primary
3	Deacons Primary	11	St. Gabriel's
4	Grantley Prescod Primary	12	St. George Primary
5	Grazettes Primary	13	St. Giles Primary
6	Hilda Skeene Primary	14	St. Winifred
7	Hindsbury Primary	15	Vauxhall Primary
8	Reynold Weekes Primary	16	St. Mary's Primary

11. MEDICAL INFORMATION

Off-site medical services will be available at the Warrens Polyclinic and the Queen Elizabeth Hospital. A Medical Team will be situated at the stadium for the duration of the championships.

Schools are encouraged to travel with a first aid kit for any minor incidents involving their team members. Any incidents requiring further medical attention will be referred to the Warrens Polyclinic, then to the Accident and Emergency Department of the Queen Elizabeth Hospital.

All athletes should compete in foot wear.

12. CONFIRMATION OF PARTICIPATION

All Schools desirous of participating in the 2015 National Primary Schools Athletics Championship (NAPSAC) will be required to complete a **CONFIRMATION OF PARTICIPATION FORM**, which must be returned to the Barbados Union of Teacher's Headquarters, no later than **5:00 p.m. on Friday, February 06, 2015.**

13. FINAL ENTRIES

Electronic entries containing the names, dates of birth and entered events of athletes should be forwarded to the Barbados Union of Teacher's Headquarters or emailed to napsacentries@hotmail.com no later than **5:00 p.m. on Friday, February 06, 2015.**

Computers with the Team Manager programme will be available at the Barbados Union of Teachers for Physical Education teachers to input their Team Data. Personnel will be available to assist with this process.

The deadline for late entries is **5:00 p.m. on Friday, February 13, 2015.**
An additional NON REFUNDABLE \$50.00 FEE must accompany all late entries.
ABSOLUTELY NO ENTRIES WILL BE ACCEPTED AFTER THIS DATE.

We strongly encourage all schools to make an attempt to have their Inter House Championship prior to the Final Entry Deadline, and definitely prior to the National Primary Schools Athletics Championship (NAPSAC). This will greatly assist you with the selection of your best possible team for the Championships.

14. LIST OF EVENTS -

All Age Groups will be calculated as of December 31st, 2015

An athlete may compete in a higher age group but never in a lower age group, in which case, the athlete must remain and compete in that higher age group throughout the entire competition, in all registered events , including any relays in that specific age group.

Under 7 Girls & Boys

(Athletes born in 2009 & 2010)

1. 50 m Dash
2. Standing Broad Jump
3. Tennis Ball Throw

Under 9 Girls & Boys

(Athletes born in 2007 & 2008)

1. 80 m Dash
2. 100 m Dash
3. 150 m Dash
4. Long Jump
5. Cricket Ball Throw
6. 4 x 100m Relay

Under 11 Girls & Boys

(Athletes born in 2005 & 2006)

1. 100 m
2. 200 m
3. 400 m
4. Long Jump
5. Cricket Ball Throw
6. 4 x 100m Relay

Under 13 Girls & Boys

(Athletes born in 2003 & 2004)

1. 100 m
2. 200 m
3. 400 m
4. Long Jump
5. Cricket Ball Throw
6. 4 x 100m Relay

Open Girls

(Open to any female athlete from U11 & U13)

High Jump
600 m
800m Medley Relay (100x100x200x400)

Open Boys

(Open to any male athlete from U11 & U13)

High Jump
800 m
800m Medley Relay (100x100x200x400)

14. CALL ROOM

The Call Room will be located in the area of the Warm-Up Track, with clearly marked areas designated for each age group to check in. All athletes must report to the Call Room wearing the competition number provided, as well as the schools' official competition uniform. **Athletes should not bring cell phones, walkmans, etc into the call room area as they will be confiscated and returned at the end of the competition.**

The times for the calls will be as follows:

First Call	-	45 minutes before event start
Second Call	-	30 minutes before event start
Final Call	-	20 minutes before event start

All events will close 5 minutes after the Final Call is made. No athletes will be allowed to check-in for events after the event has been closed. It is the responsibility of the PE Teacher/Coach to ensure that all athletes are checked in on time. Athletes will be marshaled to the competition arena 10 minutes before the scheduled event start time and will be marshaled back to the warm up arena at the end of the event.

Any athlete who fails to report to the Call Room will not be allowed to compete.

18. STARTING AND SUCCESSIVE HEIGHTS IN THE HIGH JUMP

Starting height in the **girl's** competition will be 1.00m and the **boy's** competition 1.05m. The bar will be raised by 5cm increments up to 1.20m for the **girls** and up to 1.25m for the **boys**, and thereafter by 3cm increments until 1 competitor remains, who will choose the incremental raises.

19. STARTS

The crouch start will be used by all athletes from the under 9 to the under 13 age categories for all track events, except the 600m & 800m which will use a standing start.

The one False Start Rule will be implemented for all track races.

In all races only one false start is allowed without the disqualification of the athlete making the false start. After the first false start, all athletes are given a warning. Any subsequent false starts by any athlete will result in disqualification of the athlete.

(IAAF Handbook Rule No.162.7).

20. ADVANCEMENT PROCEDURES

Competition at the Zonal Meets will be all Finals. Heats will be generated based on the number of entries received and by random draw.

FROM ZONAL MEET TO QUARTER-FINAL:

In the following events; 50m, 80m, 100m, 150m, 200m,400m

The top 4 times from each zone = 20 + next 12 fastest overall = 32 will advance to the Quarter Final of 4 Heats of 8 Athletes

In the following events: 600m & 800m

The top 6 times from each zone = 30 + next 18 fastest overall = 48 will advance to the Quarter Final of 4 Heats of 12 Athletes

In all Relays

The top 4 finishers from each zone = 20 + next 12 fastest times overall = 32 will advance to the Quarter Final of 4 Heats of 8 Team.

In all Field Events

The top 4 finishers from each zone = 20 + next 12 best performances overall = 32 will advance to the Quarter Finals with 4 Flights of 8 Athletes

HIGH JUMP

In the **High Jump**, the top 3 finishers from each zone = 15 + the next 5 best performances = 20 will advance to the Semi Final with 2 flights of 10 to **be contested on the Quarter Final Day. The top 8 finishers will contest the Final of 8 athletes on the Semi Final Day.**

FROM QUARTER -FINAL TO SEMI FINAL:

In the following events; 50m, 80m, 100m, 150m, 200m,400m
Top 3 finishers in each heat = 12 + next 4 fastest times overall will advance to the Semi Final of 2 Heats of 8 Athletes

In the following events: 600m & 800m
Top 4 finishers in each heat = 16 + next 8 fastest will advance to the Semi Final of 2 Heats of 12 Athletes

In all Relays
Top 3 finishers in each heat = 12 + next 4 fastest times overall will advance to the Semi Final of 2 Heats of 8 Teams

In all Field Events

The top 24 finishers will advance to the Semi Final with 2 flights of 12 Athletes

FROM SEMI FINAL TO FINAL:

The top 3 + the next best 2 will advance to the Final of 8 athletes in all events except the 600m & 800m where the top 4 + the next best 4 will advance to the Final of 12 athletes

In all Field Events

The top 8 finishers will advance to the Final of 8 athletes

21. FIELD EVENTS

Throughout the Zonal Meets, the Quarter Final and the Semi Final, each competitor will be allowed three (3) attempts in the Standing Broad Jump, Long Jump, Tennis Ball Throw & Cricket Ball Throw.

All competitors will be allowed (4) attempts in the Final of these events.

N. B. In the Under 9 Girls & Boys Long Jump, competitors will take off from a “**taped**” take off area which will be the same width as the regular take off board but close to the edge of the Sand Pit.

22. SCORING

For All Zonal Meets and the Final points will be allocated as follows:

Individual Points:

1st = 10, 2nd = 8, 3rd = 6, 4th = 5, 5th = 4, 6th = 3, 7th = 2, 8th = 1.

Relays:

1st = 20, 2nd = 16, 3rd = 12, 4th = 10, 5th = 8, 6th = 6, 7th = 4, 8th = 2.

No points will be allocated at the Quarter Final nor the Semi Final. Athletes will compete for advancement to the next stage of competition.

23. TEAM SIZE

There will be no limit to team sizes provided each team does not enter more than two (2) competitors in each event. Each Team will be given team passes for all athletes after the Final Entries have been received along with passes for Physical Education Teachers / Coaches / helpers, etc. in the ratio 1:15.

Passes are to be worn at all times during the championship.

24. AWARDS

FOR THE FINALS AND CHAMPION OF CHAMPIONS ONLY, students who are attired either in the school's official track and field uniform or school uniform, will be allowed to receive awards. **It is preferred that all medal winners participate in each respective medal presentation ceremony.**

Medals for **ALL** Zonal competitions will be distributed during the week prior to the Quarter-Finals.

Individual Events:

All athletes placing 1st, 2nd, and 3rd in all individual events at the Zonal Meets and the Final will receive awards.

Relays:

All competing members of all Relay teams placing 1st, 2nd, and 3rd at the Zonal Meets and the Final will receive awards.

Individual Age Group Champions:

The athlete scoring the most points in each age category at each Zonal Meet will receive an Individual Champion Award. Athletes placing 1st, 2nd and 3rd overall in each age group at the Final will receive Individual Age Group Champion Awards. Points from the open events will be accredited to athletes' individual scores.

Victor and Victrix Ludorum Awards:

These awards will be presented to the Most Outstanding Male and Female Athlete Overall at the Zonal Meets and at the Final.

Team Age Group Awards:

The school scoring the most points in each age category at each Zonal Meet will receive a Champion Age Group Award. Schools placing 1st, 2nd and 3rd overall in each age group at the Final will receive Champion Age Group Awards.

Champion School Awards:

A Boys Champion School Trophy and a Girls Champion School Trophy will be awarded to schools scoring the most overall points at the **Zonal Meets**.

Perpetual Champion Boys & Girls School Plaques will be presented to schools placing 1st overall at the Finals, with replicas for these schools to retain. The Boys & Girls Champion School plaques will be returned to the Organizing Committee annually.



CONFIRMATION OF PARTICIPATION FORM

SCHOOL: _____

To be forwarded to the Barbados Union of Teachers Headquarters no later than 5:00 p.m. on Friday, February 06, 2015

Under 7 Girls	
Under 7 Boys	
Under 9 Girls	
Under 9 Boys	
Under 11 Girls	
Under 11 Boys	
Under 13 Girls	
Under 13 Boys	

Please place a tick next to the Age Group in which your school will be participating

(Physical Education Teacher)

(Principal's Signature)

Date _____



PROTEST FORM

Age Group: _____

Event: _____

Protest:

A protest must be made within 30 minutes of the posting of the result of the event being protested against. All results will be posted in the athletes' area. Each protest must be accompanied by a fee of **Bds \$50.00.**

P.E. Teacher /Coach: _____

School: _____

.....
Championship Director Only:

Date: _____

Time: _____

Signature: _____

STAND ALLOCATIONS FOR FINAL

JAMES WEDDERBURN STAND (A)

St. Margaret's Primary
Leacock's Private School
Half Moon Fort Primary
St. Lawrence Primary
Irvin Wilson School
St. Alban's Primary
Welches Primary
St. Luke's Brighton Primary
Mount Tabor Primary
St. Matthew's Primary
Gordon Walter's Primary
Ignatius Byer Primary
Deacon's Primary
Reynold Weekes Primary
Roland Edwards Primary
Bayley's Primary
St. Paul's Primary
St. Christopher's Primary
St. Angela's School
Wesley Hall Juniors
Wesley Hall Infants

PATSY CALLENDER STAND (B)

Eden Lodge Primary
Milton Lynch Primary
Christ Church Girls
St. Gabriel's
St. Giles Primary
Grazettes Primary
Hilda Skeene Primary
St. Jude's Primary
Gordon Greenidge Primary
St. Bartholomew's Primary
Eagle Hall Primary
St. Cyprian's Boys
The Rock Christian School
St. Silas Primary
Blackman and Gollop Primary
Chalky Mount Primary
St. Elizabeth Primary
Boscobel Primary
St. Catherine's Primary
Providence Elementary
Wills Preparatory

CLARENCE JEMMOTT STAND (C)

St. Ambrose Primary
St. Bernard's Primary
St. Philip Primary
St. Mark's Primary
Workman's Primary
Holy Innocents Primary
St. Joseph Primary
Hill Top Preparatory
St. Martin's Mangrove
Belmont Primary
Hillaby Turner's Hall Primary
St. Lucy Primary
Grantley Prescod Primary
Hindsbury Primary
St. Mary's Primary
St. Winifred's Primary
Charles F Broome Memorial
St. Stephen's Primary
Luther Thorne Memorial
George Lamming Primary
Society Primary

DON NORVILLE STAND (D)

St. James Primary
St. Patrick Roman Catholic
Good Shepherd Primary
Lawrence T Gay Memorial
Ellerton Primary
St. John's Primary
Selah Primary
Cuthbert Moore Primary
A. DaCosta Edwards Primary
People's Cathedral
All Saint's Primary
St. George Primary
Vauxhall Primary
Sharon Primary
Bay Primary
Arthur Smith Primary
Wilkie Cumberbatch Primary
West Terrace Primary
Westbury Primary

ZONAL STAND ALLOCATION

OBADELE THOMPSON ZONE

STAND B

Half Moon Fort Primary
St. Elizabeth Primary
St. Philip Primary
St. Patrick's Roman Catholic
Rock Christian Primary

STAND D

St. Margaret's Primary
Boscobel Primary
St. Bernard's Primary
St. James Primary
Warrens Primary

STAND C

St. Catherine's Primary
St. Ambrose Primary
Workman's Primary
Eagles Academy
Erdiston Special School

STAND A

Trinity Academy
Chalky Mount Primary
St. Mark's Primary
Wills Preparatory

ANDREA BLACKETT ZONE

STAND B

St. Alban's Primary
St. Silas Primary
Ellerton Primary
Providence Elementary

STAND D

Society Primary
Selah Primary
Good Shepherd Primary
St. Lawrence Primary

STAND C

St. Luke's-Brighton Primary
Holy Innocents Primary
Hill Top Preparatory
Ignatius Byer Primary

STAND A

Welches Primary
St. Cyprian's Boys'
St. John's Primary
St. Joseph Primary

ANTON NORRIS ZONE

STAND B

Mt. Tabor Primary
Eagle Hall Primary
Belmont Primary
Blackman & Gollop Primary

STAND D

A 'Dacosta Edwards Primary
All Saints Primary
Gordon Greenidge Primary
St. Lucy Primary

STAND C

St. Matthew's Primary
St. Bartholomew Primary
Hillaby Turners Hall Primary
Peoples Cathedral

STAND A

St. Jude's Primary
St. Martin's Mangrove
Cuthbert Moore Primary
Gordon Walters Primary

JAMES WEDDERBURN ZONE

STAND B

Reynold Weekes Primary
Grazettes Primary
Sharon Primary
St. Mary's Primary

STAND D

Deacons Primary
Hilda Skeene Primary
Bay Primary
St. Winifred's

STAND C

Arthur Smith Primary
St. Gabriel's
St. George Primary
Hindsbury Primary

STAND A

Roland Edwards Primary
St. Giles Primary
Grantley Prescod Primary
Vauxhall Primary

PATSY CALLENDER ZONE

STAND B

St. Paul's Primary
Wilkie Cumberbatch
St. Stephen's Primary
West Terrace Primary

STAND D

Bayley's Primary
Christ Church Girls'
Charles F. Broome Primary
Milton Lynch Primary

STAND C

St. Angela's
Westbury Primary
George Lamming Primary
Wesley Hall Schools

STAND A

St. Christopher Primary
Eden Lodge Primary
Luther Thorne Primary
Lawrence T. Gay Primary